

## Feijoa Loaf or Muffins

### Ingredients

1 Cup Feijoas, peeled and chopped  
1 Cup Water, boiling  
1 Cup Sugar  
50g Butter  
1 Egg  
2 Cups Flour  
4 Teaspoons Baking Powder  
1 Teaspoon Baking Soda

*If you have an abundance of Feijoas, use them in this loaf recipe. This mixture also can be used to make muffins.*

### Method

Put Feijoas, Water, Sugar and Butter into a fairly large saucepan and bring to the boil, then simmer for about 5 minutes.

Let mixture cool down until it is warm.

Beat in Egg, Flour, Baking Powder and Baking Soda.

Pour into a loaf tin or muffin pans.

Bake at 180°C for 40-50 minutes for the loaf or 15-20 minutes for the muffins.